

ARIEL J. ECKFELD, PH.D.

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LICENSURE

Licensed Clinical Psychologist, California (LIC#: PSY30913)

WORK EXPERIENCE/APPOINTMENTS

Clinical Assistant Professor, UCLA Department of Psychology 2021 – Present

Mind Health Institute, Newport Beach 2020 – Present
Employee/Neuropsychologist
Newport Beach/Laguna Beach, CAAmgen Pharmaceutical Company 2019 – Present
Independent Neuropsychology Research ConsultantPerspectives Psychological Services 2019 – 2020
Independent Contractor/Neuropsychologist
Corona del Mar, CA**EDUCATION**

University of California, Los Angeles; Los Angeles, CA 2011 – 2017
Doctorate of Philosophy
Major: Clinical Psychology
Minor: Behavioral Neuroscience
Doctoral Thesis: *Neurocognitive and social cognitive impairments in early-onset psychosis and at-risk youth:
Implications for intervention strategies*University of California, Los Angeles; Los Angeles, CA 2011 – 2012
Masters of Arts
Major: Clinical Psychology
Master's Thesis: *Structural and functional abnormalities associated with adolescent-onset psychosis*Emory University; Atlanta, GA 2005 – 2009
Bachelor of Science: Neuroscience and Behavioral Biology
Bachelor of Arts: Psychology
Summa Cum Laude
Honors Thesis: *Manipulations of dopamine transmission in nucleus accumbens lateral core and shell alter performance
but not reward of ventral tegmental area***RESIDENCY**

Pediatric Psychology Postdoctoral Fellowship Program 2017 – 2019
Epilepsy/Neuropsychology
Children's Hospital of Orange County

Orange, CA

Inpatient/outpatient testing; inpatient consultation-liaison; supervision of assessment interns.

INTERNSHIP

APA Accredited Pediatric Psychology Predoctoral Internship Program 2016 – 2017

Major: Neuropsychological/Neurodevelopmental Assessment

Children's Hospital of Orange County

Orange, CA

Inpatient/outpatient testing; concussion clinic; inpatient/outpatient consultation-liaison; therapy.

CLINICAL/ASSESSMENT EXPERIENCE

Neuropsychology Clinic 2015 – 2016

Assessment Practicum

Saban Research Institute

Children's Hospital Los Angeles

Los Angeles, CA

Neuropsychological testing (9mo-50yr); attended brain cutting lectures and Grand Rounds.

Child and Adult Neurodevelopmental Clinic 2014 – 2015

Assessment Practicum

University of California, Los Angeles

Los Angeles, CA

Neurodevelopmental/ASD testing (2-65yr); engaged in multidisciplinary diagnostic team meetings.

Therapeutic Preschool Day Treatment Intensive Program 2013 – 2014

Therapy Practicum

St. John's Child and Family Development Center

St. John's Health Center

Santa Monica, CA

Individual/family-based/milieu therapy (3-5yr); multidisciplinary team meetings; case management.

UCLA Psychology Clinic 2012 – 2016

Therapy/Assessment Practicums

University of California, Los Angeles

Los Angeles, CA

Co-led weekly adult CBT group; testing (5-20yr); ACT adult/child therapy; therapy intakes.

UCLA Center for the Assessment and Prevention of Prodromal States 2012 – 2016

UCLA Adolescent Brain and Behavior Research Clinic

Assessment Practicums

University of California, Los Angeles

Los Angeles, CA

Semi-structured psychosis interviews/cognitive testing (10-30yr); multisite study involvement.

Institute for Pediatric Neuroscience 2009 – 2011

New York University Child Study Center, NYU Langone Medical Center

New York, NY

Psychoeducational testing (3-55yr); ADHD/ASD research studies involvement.

PROVISION OF SUPERVISION

Psychology Department UCLA Psychology Clinic University of California, Los Angeles Los Angeles, CA Graduate student neuropsychological assessment supervision/training.	2019 – Present
Psychology Department Children’s Hospital of Orange County Orange, CA Predoctoral intern/graduate-level practicum student assessment supervision/training.	2017 – 2019
Psychology Department UCLA Psychology Clinic University of California, Los Angeles Los Angeles, CA Graduate-level practicum student assessment supervision.	2015
UCLA Center for the Assessment and Prevention of Prodromal States UCLA Adolescent Brain and Behavior Research Clinic University of California, Los Angeles Los Angeles, CA Graduate student clinical/neurocognitive assessment supervision/training.	2013 – 2016

SPECIALIZED TRAINING AND CERTIFICATION

Autism Diagnostic Observation Schedule (ADOS-2) clinical reliability training (18 hours) Trainers: Jeanne Carriere, Ph.D. and Susan Risi, Ph.D., The Center for Autism & Neurodevelopmental Disorders	2019
Introductory training in Therapeutic Assessment (7 hours) Trainer: Marita Frackowiak, Ph.D., CHOC Children’s Hospital	2019
Introductory training in Motivational Interviewing (14 hours) Trainer: Maurice Bulls, M.A., Behavior Change Consulting, CHOC Children’s Hospital	2016
Introductory training in Rorschach Inkblot Test (20 hours) Trainer: Richard Romanoff, Ph.D., UCLA	2013
Introductory training in Managing and Adapting Practice (MAP) and Modular Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems (MATCH) evidence-based therapy treatment (35 hours) Trainers: Bruce F. Chorpita, Ph.D. and Jennifer Podell, Ph.D., UCLA	2012
Certified in administration of SCID; Brief Psychotic Rating Scale (BPRS); Scale for the Assessment of Positive Symptoms (SAPS); Scale for the Assessment of Negative Symptoms (SANS) (55 hours)	2012

Trainer: Joseph Ventura, Ph.D., UCLA

Structured Interview for Prodromal States (SIPS) training (10 hours) 2012

Trainers: Carrie E. Bearden, Ph.D., Peter Bachman, Ph.D., and Sarah Marvin, Ph.D., UCLA

Autism Diagnostic Observation Schedule (ADOS) clinical reliability training (14 hours) 2009

Trainer: Catherine Lord, Ph.D., NYU Langone Medical Center

PUBLICATIONS

Jalal, R., Nair, A., Lin, A., **Eckfeld, A.**, Kushan, L., Zinberg, J., Karlsgodt, K., Cannon, T.D., & Bearden, C.E. (2021). Social cognition in 22q11.2 deletion syndrome and idiopathic developmental neuropsychiatric disorders. *Journal of Neurodevelopmental Disorders*, *13*(15), doi.org/10.1186/s11689-021-09363-4.

Schvarcz Eckfeld, A., Owens, E., & Bearden, C.E. (2018). The psychosis spectrum in adolescence. In M. Pissacroi (Ed.), *Textbook of Mental and Behavioral Disorders in Adolescence*, PICCIN.

Eckfeld, A., Karlsgodt, K.H., Haut, K.M., Bachman, P., Jalbrzikowski, M., Zinberg, J., van Erp, T.G.M., Cannon, T.D., & Bearden, C.E. (2017). Disrupted working memory circuitry in adolescent psychosis. *Frontiers in Human Neuroscience*, *11*(394), doi: 10.3389/fnhum.2017.00394

Haut, K.M.*, **Schvarcz, A.***, Cannon, T.D., & Bearden, C.E. (2016). Neurodevelopmental theories of schizophrenia: 21st century perspectives. In D. Cicchetti (Ed.), *Developmental psychopathology* (pp. 885-930). Wiley.

*joint 1st authorship

Schvarcz, A., & Bearden, C.E. (2015). Early detection of psychosis: Recent updates from clinical high-risk research. *Current Behavioral Neuroscience Reports*, *2*(2), 90-101.

Di Martino, A., Zuo, X., Kelly, C., Grzadzinski, R., Mennes, M., **Schvarcz, A.**, et al. (2013). Shared and distinct intrinsic functional network centrality abnormalities in autism and attention-deficit/hyperactivity disorder. *Biological Psychiatry*, *74*(8), 623-632.

PRESENTATIONS

Anderson, K.E., Griffiths, S., Simon, K., **Eckfeld, A.**, & Taylor, M. (August 2019). *Dismantling of a Myth of Eating Disorders and Socioeconomic Status: A Community Perspective*. Poster presented at the Annual Conference of the American Psychological Association (APA), Chicago, IL.

Eckfeld, A., Kushan, L., Lin, A., Nair, A., & Bearden, C.E. (February 2019). *Neurocognitive and Social Cognitive Profiles of Early-Onset Psychosis and 22q11.2 Deletion Syndrome: Relation to Functional Outcome*. Poster presented at the Annual Conference of the International Neuropsychological Society, New York, NY. *Presenting Author*

Rhideeta, J., Nair, A., Jolliffe, M., Lograsso, S., Lin, A., Kushan, L., **Eckfeld, A.**, & Bearden, C. (February 2019). *Social Cognition and Social Behavior in Individuals with 22q11.2 Deletion Syndrome*.

Paper talk presented at the Annual Conference of the International Neuropsychological Society, New York, NY.

- Saiz, A., **Eckfeld, A.**, Mucci, G. (April 2017). *Neurocognitive Comparison of Supratentorial and Infratentorial Pediatric Brain Tumors: A Longitudinal Case Study*. Poster presented at the Annual Conference of the American Academy of Pediatric Neuropsychology, Las Vegas, NV.
- Bearden, C.E., **Schvarcz, A.**, Bachman, P., & Jalbrzikowski, M. (May 2015). *Disrupted Social Affective Neural Circuitry in Adolescent Psychosis*. Poster presented at the 70th Annual Scientific Convention of the Society of Biological Psychiatry, Toronto, Canada.
- Bachman, P., Kinzel, C., **Schvarcz, A.**, Jalbrzikowski, M., & Bearden, C.E. (May 2015). *Psychosis Risk and Low-Frequency Neural Oscillations in Adolescent Neurodevelopment*. Poster presented at the 70th Annual Scientific Convention of the Society of Biological Psychiatry, Toronto, Canada.
- Lin, C., **Schvarcz, A.**, & Bearden, C.E. (May 2015). *Theory of Mind Deficits in Patients with Adolescent-Onset Psychosis*. Poster presented at the Stanford Undergraduate Psychology Conference, Stanford University, Palo Alto, CA.
- Schvarcz, A.**, Karlsgodt, K.H., Bachman, P., Jalbrzikowski, M., van Erp, T., Cannon, T.D., & Bearden, C.E. (Sept 2014). *Disrupted Functional Connectivity of Working Memory in Adolescent-Onset Psychosis*. Poster presented at the 2nd Annual Flux Congress (International Congress for Integrative Developmental Cognitive Neuroscience), Hollywood, CA. *Presenting Author*
- Bachman, P., Kinzel, C., Ibrahim, A., **Schvarcz, A.**, Jalbrzikowski, M., & Bearden, C.E. (Sept 2014). *Electrophysiological oscillations and slowed cognitive processing speed as biomarkers of psychosis risk in adolescence*. Poster presented at the 2nd Annual Flux Congress (International Congress for Integrative Developmental Cognitive Neuroscience), Hollywood, CA.
- Schvarcz, A.**, Karlsgodt, K.H., Bachman, P., Jalbrzikowski, M., van Erp, T., Cannon, T.D., & Bearden, C.E. (May 2014). *Disrupted Functional Connectivity of Working Memory in Adolescent-Onset Psychosis*. Poster presented at the 69th Annual Scientific Convention of the Society of Biological Psychiatry, New York, NY. *Presenting Author*
- Schvarcz, A.**, Karlsgodt, K.H., Bachman, P., Jalbrzikowski, M., van Erp, T., Cannon, T.D., & Bearden, C.E. (May 2013). *Developmental trajectories and functional working memory abnormalities associated with adolescent onset psychosis*. Poster presented at the 68th Annual Scientific Convention of the Society of Biological Psychiatry, San Francisco, California. *Presenting Author*
- Schvarcz, A.**, Karlsgodt, K.H., Bachman, P., Jalbrzikowski, M., van Erp, T., Cannon, T.D., & Bearden, C.E. (October 2012). *Structural and functional working memory deficits associated with adolescent-onset psychosis*. Poster presented at the 42nd Annual Meeting of the Society for Neuroscience, New Orleans, Louisiana. *Presenting Author*
- Di Martino, A., Kelly, C., Mennes, M., Grzadzinski, R., **Schvarcz, A.**, et al. (May, 2012). *Searching for neuronal markers of verbal proficiency in Autism*. Poster presented at the 12th Annual International Meeting for Autism Research, Toronto, Canada.
- Di Martino, A., Zuo, X., Kelly, C., Grzadzinski, R., Mennes, M., **Schvarcz, A.**, et al. (June, 2011). *Shared and distinct intrinsic functional network centrality in Autism and Attention-Deficit/Hyperactivity Disorder*.

Poster presented at the 17th Annual Meeting of the Organization Human Brain Mapping, Québec City, Canada.

Schvarcz, A., Di Martino, A., Koyama, M., Fornito, A., Mennes, M., Kelly, C., Castellanos, F.X., & Milham, M. (October, 2010). *From structure to function: Individual differences in brain folding patterns affect anterior cingulate cortex-based functional network*. Poster presented at the 57th Annual Meeting of the American Academy of Child and Adolescent Psychiatry, New York, New York. *Presenting Author*

Neill, D.B., **Schvarcz, A.J.,** & Gobron, K. (October, 2009). *Intra accumbens amphetamine increases but dopamine blockade does not decrease the reward of *vta* self-stimulation*. Poster presented at the 39th Annual Meeting of the Society for Neuroscience, Chicago, Illinois.

Schvarcz, A., & Neill, D.B. (April, 2009). *Manipulations of dopamine transmission in nucleus accumbens lateral core and shell alter performance but not reward of ventral tegmental ICSS*. Poster presented at the Annual Neuroscience & Behavioral Biology Undergraduate Honors Research Symposium at Emory University. *Presenting Author*

Schvarcz, A., Steer, R., & Morrow, T. (December, 2008). *Are you a control freak?: The effects of personal control on task performance*. Poster presented at Annual Psychology Undergraduate Poster Symposium at Emory University. *Presenting Author*

RESEARCH

Psychology Department 2018 – 2019
 Children's Hospital of Orange County
 Orange, CA
 Fellowship research in pediatric epilepsy with a focus on post-surgical neuropsychological functioning and outcomes.

Bearden Lab 2012 – 2017
 Department of Psychiatry and Biobehavioral Sciences
 University of California, Los Angeles
 Los Angeles, CA
 Graduate-level research in adolescent-onset psychosis with a focus on neuroimaging, neurocognition, genetic high-risk models, and cognitive remediation.

Institute for Pediatric Neuroscience 2009 – 2011
 New York University Child Study Center
 NYU Langone Medical Center
 New York, NY
 Individual neuroimaging research with a focus on individual differences in paracingulate sulcus and its effect on anterior cingulate cortex-based functional network. Senior research assistant and project coordinator for research in ADHD and autism with a focus on functional neuroimaging.

Laboratory of Brain Reward Systems 2008 – 2009
 Departments of Neuroscience & Behavioral Biology and Psychology
 Emory University
 Atlanta, GA
 Honors research in dopamine reward systems with a focus on intra-cranial self-stimulation.

Laboratory of Vertebrate Functional Brain Mapping 2007
 Department of Psychiatry & Behavioral Science
 Keck School of Medicine
 University of Southern California
 Los Angeles, CA
 Research on maternal stress and brain tissue storage methods.

TEACHING EXPERIENCE

Psychology Department 2017 – 2019
 Children's Hospital of Orange County
 Orange, CA
Recurrent Guest Lecturer, Neuropsychology Seminar, predoctoral internship/practicum level.

Psychology Department Spring 2014; Summer 2015
 University of California, Los Angeles
 Los Angeles, CA
Guest Lecturer, "Understanding Schizophrenia," high school level (Abnormal Psychology)
Guest Lecturer, "Understanding Schizophrenia," undergraduate level (Psychology Internship Seminar)

Biology Department 1 – 5/2008
 Emory University
 Atlanta, GA
Teaching Assistant and Individual Tutor, undergraduate level (Introductory Biology Part 2)

AWARDS AND HONORS

APA Dissertation Research Award 2015
 National Science Foundation Graduate Research Fellowship Program Award 2013 – 2016
 Neuroimaging Training Program Fellowship, UCLA 2012 – 2013
 Society for Neuroscience Graduate Travel Award, UCLA 2012

PROFESSIONAL AFFILIATIONS

National Academy of Neuropsychology
 International Neuropsychology Society
 Association for Psychological Science
 American Psychological Association Division 40 Clinical Neuropsychology

SERVICE

Guest Lecturer; various local schools/professional organizations 2020 – Present
Panelist, Talk to The Doc, Epilepsy Support Network of Orange County 2016 – Present

Ad Hoc Reviewer for <i>Psychological Medicine</i>	2016
Ad Hoc Reviewer for <i>Child Psychiatry and Human Development</i>	2015
Ad Hoc Reviewer for <i>Journal of the American Academy of Child and Adolescent Psychiatry</i>	2015
Clinical Psychology Admission Committee , Graduate Student Member, UCLA	2012 – 2014
Interaxon , Graduate Co-Mentor of Undergraduate Neuroscience Club, UCLA	2012 – 2013
Clinical Area Committee , First-Year Class Graduate Student Representative, UCLA	2011 – 2012
Psychology in Action , Graduate Student Psych Outreach Program Member, UCLA	2011 – 2016
Emory University HelpLine , Co-President, Recruitment Chair, Social Chair, Incoming Member Class Teaching Assistant, Emory University	2006 – 2009